



# The Bridge

**Sunday,  
November 5**

10:00 a.m.

## ONE SERVICE

Please join us in  
Cleveland Hall for  
coffee and refreshments  
after the 10:00 service

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### SAVE THE DATE

**RUMMAGE SALE &  
BAKE SALE**

October 7  
8:00 – 12:30 pm  
(Bakers needed)

**BIRTHDAY POTLUCK**

October 15  
5:30 pm

**PLEDGE SUNDAY**

October 22

**BUDGET INFO. MTG**

October 29

**HARVEST FAIR**

October 28  
8:30 - 1:00 pm

## Pastor's Perspective...

On the Satisfaction of the Christian Life

I don't know about you, but I have found that an experience doesn't always quite live up to the hype leading up to the experience. We often figure this out as children. A relatable scene in one of our family's favorite Christmas movies comes to mind. In A Christmas Story, Ralph's secret decoder gadget finally comes in the mail. He waits with serious-minded determination for little orphan Annie's secret code to come over the radio. After feverishly writing down all of the numbers called out by the animated voice of the announcer, he rushes to the bathroom, locks the door, and begins to decode the secret message. Remember what he gets? (If you haven't seen this movie, you're missing out!) The secret message is... "BE SURE TO DRINK YOUR OVALTINE". That's right. It's a "crummy commercial." And Ralph goes back out into the world, wiser now.

One of the reasons that I don't have a problem with commending the Christian life to others is that the experience is everything God promises it to be. To be sure, we shouldn't romanticize the Christian life. The Christian life, like any life, is filled with struggles, challenges, agonies, and deep valleys; in fact, in addition to the burdens that are common to man, Christians often face unique burdens that only those who take up their crosses and follow Jesus can understand. But that's another article for another time.

Still, with the yoke of the cross and union with Christ there comes a sweet satisfaction. The mature Christian enjoys a wonderful freedom from a host of neuroses and angst producing anxieties. There is deep pleasure found in the practical and spiritual wisdom of God that illuminates one's mind. The experience (not the theory) of self-control is incredibly liberating; this includes the practice of non-retaliation which results in the experience of the profound joy that comes with the cross-shaped life and the mortification of the flesh, one of the great paradoxes of the Christian faith. There is the satisfaction of practicing generosity and hospitality. This is not only because as a spiritual principle it is more blessed to give than to receive, but also because God only expects us to give according to our means, and no matter how little we may have to offer, he can use it to bless others to the fullest measure. There is great joy and good cheer in a heart that is free from grudges, resentments, and hatreds. Even when the heart is not totally released from these things, there is always the prompting of the Holy Spirit moving us, if ever so slowly sometimes, in the direction of forgiveness like a divine compass keeping us on course.

And then, of course, there is the fact that we are hemmed in by God's grace and mercy on every side. This is a good thing because let's face it, some days we forget who and whose we are. Some days our self-control has dried up, and we snap. Sometimes we're stingy—with grace, with love, with our resources. Some days, for half a day or for a few hours, we decide that we're going to hold a grudge after all. We often stumble as we clumsily make our way along behind our ever demanding, grace-filled Lord. And when we look up, the verdict is that he's always right there with us, encouraging us to get up and give it another try because, after all, he's already paid the price for all of our failures. He calls us back to the only life that results in real and lasting fulfillment and satisfaction. Consider the blessed mystery of losing your life only to find it.

With great joy and peace,  
Pastor Charles

# Musical Note

Make a joyful noise to the Lord, all the lands!  
(Psalm 100)

With the start of our new music season, September is a very exciting month here at First Baptist Church!

Our Senior Choir holds weekly rehearsals on Thursdays at 7pm in the Music Room. We will once again offer inspiring anthems and meditative prayer responses, as well as lead the congregation in hymns at our Sunday 9am services. Please consider joining us in song; we are always happy to greet new members. There is no audition; all are welcome.

“The Gathering,” our contemporary service, is held every Sunday morning at 11am, with music rehearsals beginning after the 9am service in the church sanctuary. Our Praise Group, led by Kevin Tarleton, will hold additional music rehearsals every Wednesday evening at 5:15pm in the Music Room. We welcome energetic musicians and singers of all ages. Our group currently consists of guitar, flute, bass guitar, harmonica, percussion and piano, in addition to our fine singers. Please consider joining us in this wonderful and uplifting experience!

Our Handbell Choir rehearses on Wednesdays at 7pm in the Bell Room next to the Music Room. This group of talented musicians offers unique and beautiful handbell music, played on our own 5 octave White Chapel handbells, at our Sunday services about once a month. Handbell ringing is a fun and enriching experience, for ringers and listeners alike.

Please feel free to speak to any one of us about music here at FBC. There are many people who are involved in our music program; if we include all of the members of our congregation who sing as a community every week, there are actually hundreds! It is this diversity that helps to make our worship time together so meaningful and rewarding.

Thank you to everyone who enriched our summer services with their musical talents. It is wonderful to see so much spirit in our church community!

Dave

## Lake Sunapee Region VNA & Hospice needs your feedback!

Here are two important ways you can help Lake Sunapee Region VNA & Hospice (LSRVNA) with its 2017 Community Health Needs Assessment, being conducted to identify and address the health needs of our community.

1) Take 10-12 minutes to complete a brief and anonymous online survey found at:

<https://www.surveymonkey.com/r/FKD7BS6>

If you would prefer to have a paper copy of the survey mailed to you, call 603-526-4077.

2) Attend a Community Health Forum (free and open to all) to share your thoughts and concerns about the health and wellness of our region. All forums are 4:30-5:30pm.

October 11: Claremont Savings Bank Community Room, 145 Broad Street, Claremont

October 17: Hypertherm, 71 Heater Road, Lebanon

October 26: Wilmot Community Association Red Barn, 64 Village Road, Wilmot

RSVPs appreciated by calling 603-526-4077.

While LSRVNA can't address every need, it can work as an agency and community partner on those issues where it can have the greatest impact. For more information, contact Jeana Newbern at 603-526-4077 or [jnewbern@lakesunapeevna.org](mailto:jnewbern@lakesunapeevna.org).



## HEALTH MINISTRIES

### “THINK FALL AND HEALTHY EATING AND FITNESS”

So why wait for January? Fall is the perfect time to launch a diet and fitness program. Not necessarily a diet but an eating healthier plan. Fall can be the perfect time to be active.

During the free-form days of summer, vacations, picnics and carefree attitudes can all get in the way of healthy eating and weight control. January may be the traditional time to start eating healthy but the fall weather can serve as an inspiration to be active and eat more healthfully. It's the perfect time of year to hit the hiking trails or bite into a crisp delicious apple. Just breathing the fresh fall air makes you feel healthier. Seek out farmers' markets and farm stands to select from the nutritious bounty of fall produce. Eating foods in season always tastes better because of the peak flavors. Find new recipes or use a food in a different way than before.

Pumpkin is great for far more than pie. How about trying pumpkin soup, toasted pumpkin seeds, or even a pumpkin smoothie? So toss some pumpkin, skim milk, and pumpkin pie spices into a blender for a nutritious breakfast or snack loaded with protein and lots of nutrients.

Hearty soups are a terrific vehicle for all sorts of nutritious and delicious fall vegetables. They are super filling, easy to make and freeze well. Make them with lots of vegetables and broth rather than cream.

Some helpful hints:

- Control your cravings
- Lace up your sneakers – walking
- Don't fail to plan
- Stock your kitchen with healthy choices
- Start each day with breakfast – a way to jump start your engine for more energy
- Strive for progress, not perfection
- Don't forget portion control

*Psalm 51:10*

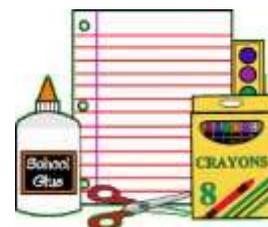
*Create in me a clean heart, O God, and put a new and right spirit within me.*



### **BACKPACK THANK YOU**

The KLS Community Food Pantry is very grateful to FBC for providing **37** school backpacks for our pantry families. The backpacks filled with supplies geared to the age group of each child are so special and ensure that children in limited circumstances are well prepared to begin the next school year. What a positive way to start a new academic year! Without exception, the backpacks were enthusiastically received by the parents and the children. This annual backpack ministry is a special and most appreciated gift to these children whose families are struggling to make ends meet. It makes a difference in their lives. We are ever so grateful for your generosity and kind hearts.

With Deep Appreciation, Ginny Register and Carol Fraley, Co-Chairs  
KLS Community Food Pantry



## Ministry Update for The Navigators at Colby-Sawyer College September 2017

Ministry can become so intertwined with life that sometimes it's hard to tell the difference. Outreach to college students leads to true friendships; friendships lead to natural mentoring opportunities; mentoring brings awareness of deeper personal needs; awareness of needs leads to practical help - matching students with potential internships or jobs, offering them a room to rent, bringing them to an appointment or picking them up at the bus, connecting them with a Christian counselor, etc. Basically it means living intentionally, loving intentionally, and being open to the opportunities each day provides with the people God has placed around us.

One person who exemplified living and loving intentionally was Tom Bates, our friend and mentor, who passed away after a short bout with cancer in May at age 48. As a safety officer at Colby-Sawyer, he knew every student by name and took the time on his rounds to learn more about them. He worked closely with me as a co-advisor of our Navigators group and we will miss him dearly. Please join me in praying that the students who grew close to him will be inspired by his life to draw near to Jesus and live "intentionally" as a vessel of God's love to others. And that his family will find comfort in the one who knows our pain.

Tom Bates, July 5, 1968 - May 27, 2017

Cindy Benson

## Greetings to one and all:

We hope you have had a wonderful summer and are ready to join us for a new Bible study. This season we plan to study Galatians. As a guide, we will be using the study notes written by Don Weatherson and published in his book *Bible Reading for Everyone - The New Testament Reader's Guide*. If you have a copy of this book, please bring it. If you do not have a copy, we will provide study materials for you. Same format as last time: 30 minutes of fellowship followed by 60 minutes of study and prayer.

Details:

When: Wednesday evenings for six weeks

Time: 7:00 to 8:30 **PROPOSED. Let's talk about best start time.**

Where: 31 Pingree Rd. New London.

Dates: Start- September 27, End- November 8.

What to bring: Your Bible and a heart to learn more about Jesus.

Prep: Please read Galatians, Chapter one for our first meeting.

Note: If you prefer to not drive at night, please let us know as we will try to coordinate transport.

Remember, there is always an empty chair available so bring a friend.

Please RSVP so we know who to expect and also indicate the best start time for you.

Thank you,

Mark & Marilyn Wendling

[mark@knolldessa.com](mailto:mark@knolldessa.com)

H-603-526-2112 C-615-294-3337

## Sunday School - Cooking Station - October 1, 2017



## HARVEST FAIR

First Baptist Church

Saturday, October 28

8:30-1:00

Chowder Luncheon served continuously from 11:30-1

White Elephant treasures

Baked Goods & Coffee

Stitchery & Hand Knits

Jewelry & Books

Please be cleaning out those attics, barns, basements and closets.

Contact a BWF lady if you would like to help in anyway. We will need set up, take down and everything in between. Help a little or help a lot.

A great time of service and fellowship. You do not want to miss out on the fun!

Donation information to come.





## 2017 CONNECTIONS @ FBC

### Sunday School Classes

Elementary School Classroom Powerxpress: Dig Into the Bible

Middle School students *Taking the Lead*: an opportunity for service

High School Class Discussion *What is Truth* with Ken Thompson

Adult Class Book Study *50 People Every Christian Should Know* by W. Wiersbe

Adult Class Book Study *Saving Jesus from the Church* by Robin Myers

**Women's Class** Book Study *31 Days of Praise* by Ruth Myers

We welcome new students *and* new teachers. If you have any questions or would like to become connected, please contact [cindyjohnson@fbcnlh.org](mailto:cindyjohnson@fbcnlh.org).

### YOUTH GROUPS

#### The 2017 middle school youth group

**Stay tuned for the future "Allenby Announcements."** The group will be gathering shortly to dream, plan and implement more card-board box sleepovers, farm visits, trips to Concord and lake-side events as we discover ways to reach out and care for our neighbors. Contact [SAllenby@aol.com](mailto:SAllenby@aol.com) to join the fun.

#### A new 2017 high school youth group

...partnering with St. Andrews to provide a time and space for gathering our high schoolers together for a bit of food, fun and collaborative service projects. Details coming soon! Contact [cindyjohnson@fbcnlh.org](mailto:cindyjohnson@fbcnlh.org).

### Small Groups

...one is "up and running." A new small group is being offered as a six week series on Wednesday evenings, studying the book of Galatians. Please contact [mark@knolldessa.com](mailto:mark@knolldessa.com) for more information.

There are many ways to become involved at FBC...flash mission, wood ministries, BWF, parties-to-go, prayer ministry, high school mentoring, youth and education programs. Please continue to check our websight, bulletin and the Bridge, or come on in to the office to learn more about how you can "connect" at FBC. We would love to have you join us! [www.fbcnlh.org](http://www.fbcnlh.org)

## From the Trustee's Chair:

I bring you greetings from the Trustee Board.

Since my last entry in the Bridge, much has transpired, and there is much more to accomplish in the weeks and months to come with respect to our Annual Budget formation. The Budget Sub-Committee is at work putting together the first iteration of the Annual Budget. More to follow next month as the process continues to conclusion at our 11/19/17 Annual Meeting. The Church Council has set the following dates as informational meeting dates for questions to be fielded by the Trustee Board on the Budget: 10/29/17 at 3:00 PM, and if necessary another meeting on 11/5/17 at 3:00 PM. The budget will then be given out to the Church Family for the Annual Meeting on 11/19/17. As you may recall, the Annual Meeting is a Church Family wide meeting on the Budget. No Vote is taken on 11/19. However, the purpose is determine what direction the Church Family wishes to move in financially for the next year or longer, and debate is encouraged. The Regular Meeting in February is when the Final Budget is ratified by vote of the membership.

**Stewardship Update:** The Stewardship Campaign is well underway with over a third of last year's Pledge Units having responded to date. Pledge Sunday is 10/22/17, but the Stewardship Committee would hope to have the vast majority of the Pledge Units in hand by that date in order for the Board to move forward with the Budget Development for Calendar Year 2018. As you have heard the updates given by Jen Ellis, Stewardship Chair, you also know that Pledges are welcome anytime, so please do not wait if you have made your decision at this point. You can drop off your Pledge at the Church Office or in the Plate Collection each Sunday. Pledging is critical for the purpose of Budgeting for the upcoming Year. It is no secret that our Pledge Units have been diminishing over the past few years, with 2017 Pledges being the lowest contributed support for several years. Although our General Fund is performing very well, it is not prudent to take a greater % of funds from the savings account each year, while Pledge Support diminishes, in order to balance the Operating Budget. So, we ask that you give your prayerful consideration to support FBC with your financial support, so that the savings account can be utilized for our Christian mission, rather than funding our operating expenses.

**Bricks & Mortar Update:** The Board was busy this summer fixing two items of major concern: 1) The shingles were replaced on the 2003 section of the building from the Parking Lot side over to Cleveland Hall, and on the Roof over the entrance to the Office. For \$19,000, we felt we received an excellent deal, and the work was completed in short order; and 2) The Concrete Ramp on the Parking Lot side of the Meeting House is being replaced in its entirety very shortly. That price came in at \$3,800.00-4,000.00. Finally, the Mowing Ministry will be out of commission at the end of the season, and it was voted on and approved to purchase a John Deere tractor with a 48" Mower and Snowblower attachment for the maintenance of the grounds going forward. Many thanks to Michael & Jonathan Doheny for their hard work on our behalf.

The Trustee Board meets again on 10/11/17, 5:00 PM at FBC. Any questions, comments, or concerns are welcome, and will be addressed.

All the best,  
Ben Barton, Chair



## WE NEED BAKERS!

*The TLC\* BAKE SALE FUNDRAISER will be held the day of the Rummage Sale - Saturday, October 7th*

*Please sign up in Cleveland Hall if you can bake for the sale.*

*Thank you for your support and your baked goods!*

*Items may be dropped off Friday, October 6th in the church kitchen.*

*All bake sales benefit TLC*

*\*TLC promotes the optimal health and development of children and families in the Sullivan and lower Grafton Counties. TLC Family Resource Center believes that strong families lead to strong communities. They provide respectful and non-judgmental services to assist families to meet their needs, make loving connections, and raise their children for success.*

# First Baptist Church

461 Main Street (next to the College)

Worship ~ 9:00 am & 11:00 am

Communion 1st Sunday One Service ~ 10:00 am

Nursery Available



Charles C. Glidewell, Pastor

Cindy Johnson, Associate Pastor

P.O. Box 336

603.526.6511

New London, NH 03257

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## NOVEMBER ISSUE

NEXT DEADLINE:

THIRD THURSDAY OF OCTOBER

MAILING AND WEB POSTING:

FOURTH TUESDAY OF OCTOBER

Non-Profit  
Organization  
US Postage  
Paid  
New London, NH  
Permit No. 6

## IN THE FAMILY

### IN THE FAMILY

#### Birthdays

- 10/1 Jen Ellis, Nat Hamilton
- 10/2 Louise Bailey
- 10/3 Devon Pike
- 10/4 Wynne DeMille, Nina Kozain
- 10/7 Graham McSwiney, Bob Meck, Damian Petry
- 10/8 Beryl Beltramini
- 10/9 Owen Cottrill, Dottie Lull
- 10/10 Kaitlin Glidewell
- 10/11 Barbara Fitts
- 10/18 Avis Nelson
- 10/25 Bill Kozain
- 10/27 Michael Gantner, Elliot Hansen
- 10/28 Janet Kuhlmeier



Please keep the family of Ray Haering in your prayers. Ray passed away on September 17. A service was held at FBC on Saturday, September 30

Please keep Louise Bailey in your prayers at the passing of her sister.

Please join the fun and attend the **Birthday Potluck Supper** on Sunday, October 15, 2017 at 5:30 P.M. in Cleveland Hall.

Please bring a dish to share. Will you be sitting with others who share your birthday month or will the seating have some other connection? Visit with each other and just enjoy a time of fellowship.

Sign up in Cleveland Hall or call the Church Office.

### FBC CLOTHING

#### RUMMAGE

**SALE**

FOR CHARITY

**Donations accepted**

**September 21—October 5**

**M-Th 8:30-3:00 pm**

Clothing-Purses-Shoes-Belts, etc.  
Also Linens, Sheets, Curtains, Towels, etc.

**SALE**

**Saturday, October 7**

**8 am—12:30 pm**

Great Stuff with Great Prices!

All Proceeds Benefit Local Needs.

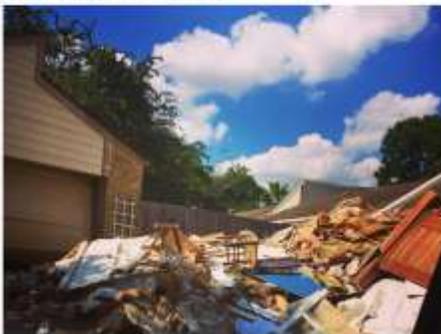
First Baptist Church received a significant bequest from Patricia Kelsey who passed away in 2014. Pat was a long-time resident of New London and a member of FBC. She was well known for her passion for education and athletics and lived out this passion through generous philanthropy to various organizations. FBC's governing body, the Church Council, approved the allocation of 10% of this bequest to fund a new outreach program to local community organizations. Through this process, the church expects to create a legacy project in Pat's honor.

The Kelsey Committee is seeking the suggestion of the names of individuals in who are putting their faith into action as the hands and feet of Jesus in our world and who would appreciate further financial support for their ministry in the world.



### Finding Joy In The Journey..... Pam Sanborn

Processing a most incredible week serving with Samaritans Purse-Disaster Relief Houston. With all that's going on in this world it's a blessing and honor to be able to serve others. Its been a week filled with meeting the amazing strong and loving home owners faced with loss, working alongside with beautiful souls from all over the world to bring a sparkle of hope to the hopeless in Jesus name. There is so much more work to be done. Houston, Florida and the Islands need our help. If you have ever considered volunteering now is your chance.



## October 2017

|   |  |   |  |   |           |   |
|---|--|---|--|---|-----------|---|
| <b>1</b><br>Choir Rehearsal 9:00<br><i>One Worship Service</i><br>10:00<br>Sunday School<br>for grades K-5 10:00                                    | <b>2</b><br>Sunapee<br>Singers 2:00                      | <b>3</b><br>Women's Book Study<br>8:45<br>Staff Meeting 9:00<br>Prayer Ministry 1:30                                | <b>4</b><br>Bible Study 10:00<br><i>Deacons 5:00</i><br>Gathering Rehearsal 5:15<br>Bell Choir Rehearsal 7:00  | <b>5</b><br><i>Missions &amp; Outreach 3:30</i><br>Choir Rehearsal 7:00 | <b>6</b>  | <b>7</b><br><b>RUMMAGE SALE</b><br>8:00-12:30 |
| <b>8</b><br>Choir Rehearsal 8:00<br>Worship Service 9:00<br>Sunday School 10:00<br>The Gathering 11:00  | <b>9</b><br>Sunapee<br>Singers 2:00                      | <b>10</b><br>Women's Book Study<br>8:45<br>Staff Meeting 9:00<br>Prayer Ministry 1:30                               | <b>11</b><br>Bible Study 10:00<br><i>Trustees 5:00</i><br>Gathering Rehearsal 5:15<br>Bell Choir Rehearsal 7:00  | <b>12</b><br><i>Health Ministries 3:00</i><br>Choir Rehearsal 7:00      | <b>13</b> | <b>14</b>                                     |
| <b>15</b><br>Choir Rehearsal 8:00<br>Worship Service 9:00<br>Sunday School 10:00<br>The Gathering 11:00<br><b>Birthdays Poduck 5:30</b>             | <b>16</b><br>Sunapee<br>Singers 2:00<br><b>KREM 3:30</b> | <b>17</b><br>Women's Book Study<br>8:45<br>Staff Meeting 9:00<br>Prayer Ministry 1:30<br><i>Church Council 5:00</i> | <b>18</b><br>Gathering Rehearsal 5:15<br>Bell Choir Rehearsal 7:00   | <b>19</b><br><i>Women's Mission Circle 9:30</i><br>Choir Rehearsal 7:00 | <b>20</b> | <b>21</b><br>PEO Meeting                      |
| <b>22</b><br><b>PLEDGE SUNDAY</b><br>Choir Rehearsal 8:00<br>Worship Service 9:00<br>Sunday School 10:00<br>The Gathering 11:00                     | <b>23</b><br>Sunapee<br>Singers 2:00                     | <b>24</b><br>Women's Book Study<br>8:45<br>Staff Meeting 9:00<br>Prayer Ministry 1:30                               | <b>25</b><br>Gathering Rehearsal 5:15<br>Bell Choir Rehearsal 7:00   | <b>26</b><br>Choir Rehearsal 7:00                                       | <b>27</b> | <b>28</b><br><b>HARVEST FAIR</b><br>8:30-1:00 |
| <b>29</b><br>Choir Rehearsal 8:00<br>Worship Service 9:00<br>Sunday School 10:00<br>The Gathering 11:00<br><i>Budget Informational Meeting 3:00</i> | <b>30</b><br>Sunapee<br>Singers 2:00                     | <b>31</b><br>Women's Book Study<br>8:45<br>Staff Meeting 9:00<br>Prayer Ministry 1:30                               | Weekly Meetings not listed<br>AA - Mon, Wed, Fri 12:15 pm<br>AA, Alanon, Alateen - Tues 7:00 pm<br>Food Pantry - Wed 5:30-7 pm, Sat 10:00-11:30 am<br>Boy Scouts - Wed 7:00 pm |   |           |   |